FILM SCHEDULE

EDINBURGH

MON 10 OCT

DAN AND MARGOT
7–8.45pm
JAMES GILLESPIE'S HIGH SCHOOL p2

SEVEN SONGS FOR A LONG LIFE
7pm–9pm | EDINBURGH PRINTMAKERS p2

TUE 18 OCT

MASTERCLASS: TOM FASSAERT
2–5pm | EDINBURGH COLLEGE OF ART p2

A FAMILY AFFAIR
6–8.30pm | FILMHOUSE p2

WED 19 OCT

DAVID
6–7.45pm | FILMHOUSE p2

THU 20 OCT

SMHAFF INTERNATIONAL FILM COMPETITION WINNERS
7–9pm | WOODLAND CREATURES p3

MON 24 OCT

SHOULDER THE LION
6–7.45pm | FILMHOUSE p3

WED 26 OCT

TOUCHED WITH FIRE
6–8.30pm | FILMHOUSE p3

SAT 29 OCT

GOOD GRIEF
7–8.30pm | EDINBURGH PRINTMAKERS p3

GLASGOW

SUN 2 OCT

SIN & ILLY STILL ALIVE
5–7pm | BRITANNIA PANOPTICON p4

MON 10 OCT

THE PECKHAM EXPERIMENT
2–4pm | CCA p4

TUE 11 OCT

SMHAFF INTERNATIONAL FILM COMPETITION AWARDS CEREMONY
6.30–8.30pm | CCA p4

WED 12 OCT

#MYESCAPE W/CRISIS
6–8pm | CCA p4

SHOULDER THE LION
8.30–10.15pm | CCA p4

THU 13 OCT

BORDERLINE W/LIVE SCORE
7–8.45pm | CCA p5

SAT 15 OCT

WOMEN, INTERRUPTED
1–3pm | CCA p5

DAN AND MARGOT
4–6pm | CCA p5

A FAMILY AFFAIR
7–9.30pm | CCA p5

SUN 16 OCT

YOUTH PERSPECTIVE
1–2pm | CCA p6

I WISH I WAS THAT BIRD W/LIMA AND TRANSITION
2.30–4.30pm | CCA p6

MIND/GAME: THE UNQUIET JOURNEY OF CHAMIQUE HOLDSCLAW W/HULA
5–7pm | CCA p6

DAVID
8–10pm | CCA p6

MON 17 OCT

WALK A MILE IN MY SHOES
7–9pm| THE GLAD CAFÉ p7

MON 24 OCT

TOUCHED WITH FIRE
8–10.30pm | GLASGOW FILM THEATRE p7

FRI 28 OCT

BATTLE MOUNTAIN: GRAEME OBREE'S STORY W/MINING POEMS OR ODES
7–9.15pm | FLOURISH HOUSE p7

SUN 30 OCT

SEE ME SHORTS PRESENTED BY GLASGOW FILM FESTIVAL
5–6.30pm | GLASGOW FILM THEATRE p7

WED 2 NOV

ME A BELGIAN, MY MOTHER A GHANAIAN
7–8.30pm | THE PEARCE INSTITUTE p7

SCOTTISH MENTAL HEALTH ARTS & FILM FESTIVAL

Mental Health Foundation

Scottish Documentary Institute

luminate

World of Film International Festival Glasgow

Africa in Motion Scotland's African Film Festival

TAKE ONE ACTION! Film festival

CREATIVE SCOTLAND ALBA | CHRUTHACHAIL

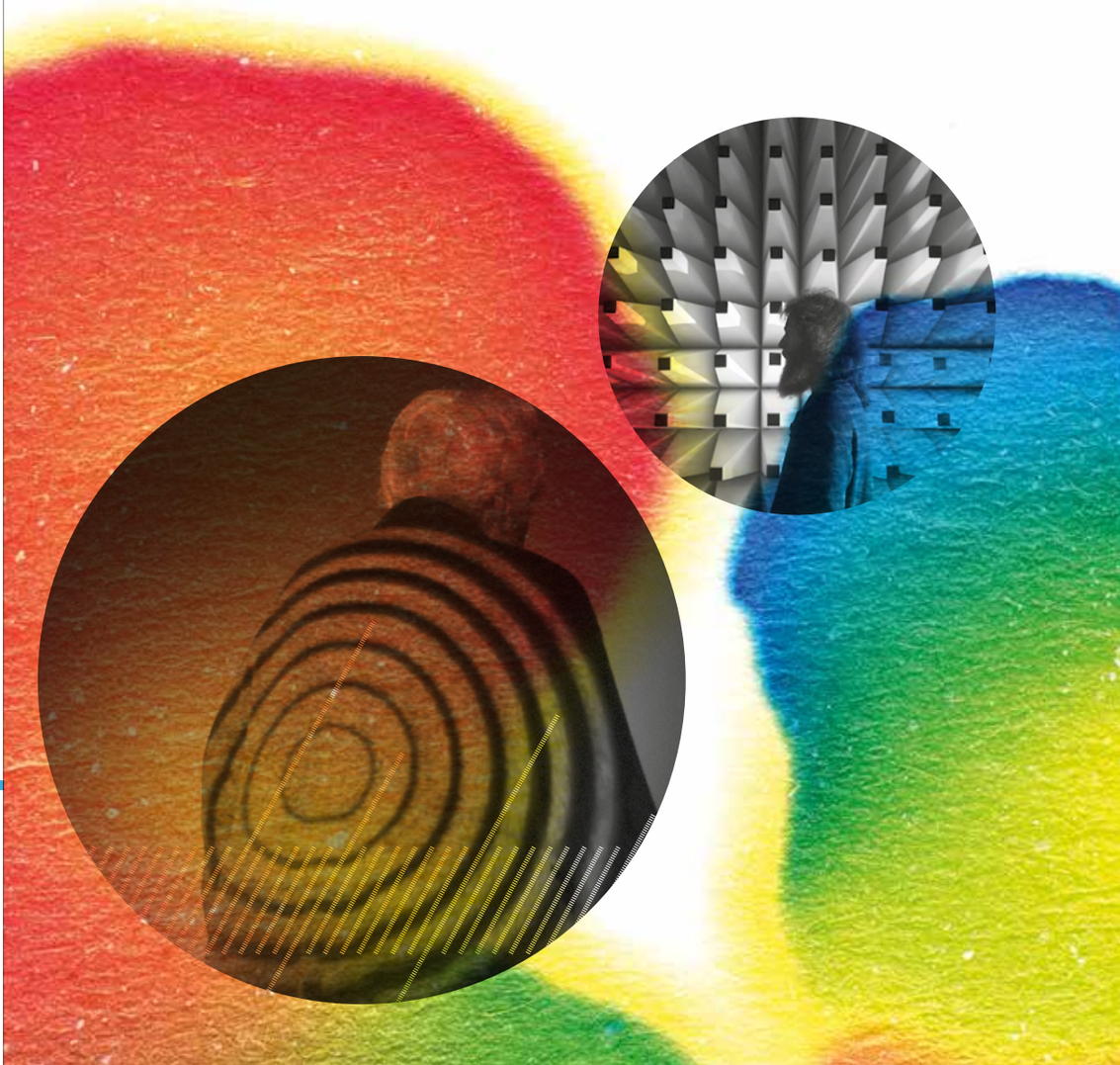
mhfestival.com @smhaff #smhaff10

FOCUS ON FILM

SCOTTISH MENTAL HEALTH ARTS & FILM FESTIVAL 2016

EDINBURGH & GLASGOW
2 OCT–2 NOV 2016
mhfestival.com

@smhaff
#smhaff10



Edinburgh

MON 10 OCT

DAN AND MARGOT

EUROPEAN PREMIERE

JAKE CHIRICO, CHLOE SOSA-SIMS | CANADA
2015 | 75m | 15 | DOCUMENTARY

Margot believes she is being stalked and tormented by someone named Dan, but discovers she has schizophrenia. Now, she struggles to build a life as a young independent woman, while trying to reclaim the years she lost to the disorder. A brave and honest look at mental health, stigma and moving forward. Followed by a Q&A with director Chloe Sosa-Sims.

7–8.45pm

MURIEL SPARK BUILDING THEATRE,
JAMES GILLESPIE'S HIGH SCHOOL,
57 LAUDERDALE STREET, EDINBURGH EH9 1DD

ALSO SAT 15 OCT CCA, GLASGOW

FREE 🔗 DAN-AND-MARGOT.EVENTBRITE.CO.UK

SEVEN SONGS FOR A LONG LIFE

AMY HARDIE | UK | 2016 | 83m | 15 | DOCUMENTARY

A passionate and touching film that follows the journey of six hospice patients who, encouraged by one music-loving nurse, choose to sing through tender, vulnerable and funny moments of their lives. Filmed over three years at Strathcarron Hospice in Scotland, this is an intimate story exploring our changing relationship with death. Followed by a short workshop with director Amy Hardie.

7–9pm

EDINBURGH PRINTMAKERS,
23 UNION STREET, EDINBURGH EH1 3LR

FREE 🔗 SEVEN-SONGS-FOR-A-LONG-LIFE.EVENTBRITE.CO.UK

TUE 18 OCT

MASTERCLASS: TOM FASSAERT

Join us for a free masterclass with award-winning Dutch director Tom Fassaert on the rewards and challenges of personal filmmaking. Tom's most recent documentary, *A Family Affair*, is a "haunting exposé of familial love gone awry" (Sheffield Doc/Fest). The film was Opening Night selection and won the Special Jury Award for Dutch Documentary at IDFA in 2015. The director's father, Rob Fassaert, who features prominently in the film, will also be joining the masterclass. Presented with Scottish Documentary Institute and Luminate.

2–5pm

EDINBURGH COLLEGE OF ART (LECTURE THEATRE 017),
74 LAURISTON PLACE, EDINBURGH EH3 9DF

FREE 🔗 MASTERCLASS-A-FAMILY-AFFAIR.EVENTBRITE.CO.UK

A FAMILY AFFAIR

TOM FASSAERT | NETHERLANDS, DENMARK |
2015 | 110m | 15 | DOCUMENTARY

DUTCH & ENGLISH WITH ENGLISH SUBTITLES

BEST FEATURE DOCUMENTARY WINNER

When Tom Fassaert's 95-year-old grandmother invites him to visit her in South Africa, all he knows about her are his father's stories about the 1950s femme fatale who put her two sons in a children's home. An unexpected confession makes things more complicated than he could have ever imagined. Presented with Luminate. Followed by a Q&A with director Tom Fassaert and his father, Rob. Note the Tom Fassaert masterclass above.

6–8.30pm

FILMHOUSE, 88 LOTHIAN ROAD, EDINBURGH EH3 9BZ

£6 | £4 🔗 0131 228 2688 | FILMHOUSECINEMA.COM

ALSO SAT 15 OCT CCA, GLASGOW

WED 19 OCT

DAVID

JAN TĚŠITEL | CZECH REPUBLIC | 2015 | 80m
15 | DRAMA

CAST: PATRIK HOLUBÁŘ, ONDŘEJ PAVELKA,
ALENA ŠTRÉBLOVÁ

CZECH WITH ENGLISH SUBTITLES

BEST FEATURE DRAMA WINNER

Suffocated by his overprotective parents and tired of being a burden on their lives, a troubled young man decides to leave the security of his family to find himself and his place in life. An intimate coming-of-age story about independence, acceptance and the importance of letting go.

CONTAINS SEXUALISED NUDITY
TRIGGER WARNING: SUICIDE REFERENCES

6–7.45pm

FILMHOUSE, 88 LOTHIAN ROAD, EDINBURGH EH3 9BZ

£6 | £4 🔗 0131 228 2688 | FILMHOUSECINEMA.COM

ALSO SUN 16 OCT CCA, GLASGOW

TRANSITION

THU 20 OCT

SMHAFF INTERNATIONAL FILM COMPETITION WINNERS

Mental health charity Health in Mind teams up with SMHAFF to present a moving and inspiring selection of short films from the festival's International Film Competition. Taking place in one of Edinburgh's most eclectic venues, audiences will be treated to a range of impressive work from around the world. Followed by a Q&A with the director of *Heart of Dust* and the subject of *One Foot in Reality*. Ages 12+.

CRISIS

ALI KAREEM OBAID | ITALY, IRAQ | 2015 | 10m |
DRAMA

BEST SHORT DRAMA WINNER

HEART OF DUST

LOUISE KEAY BELL | UK | 2015 | 6 MIN | ANIMATION

BEST ANIMATION WINNER (2015)

LIMA

AFSHIN ROSHANBAHKT, VAHID JAFARI | IRAN | 2015 |
14m | ANIMATION

BEST ANIMATION WINNER

ONE FOOT IN REALITY

RAMTIN NIKZAD | USA | 2016 | 11m | DOCUMENTARY

BEST SHORT DOCUMENTARY WINNER

TALK IT OUT

ST PAUL'S HIGH SCHOOL/INTO FILM | UK | 2015 |
11m | DRAMA | YOUTH PROJECT AWARD WINNER

TRANSITION

ROBERT CUNNINGHAM | IRELAND | 2016 | 16m |
DOCUMENTARY

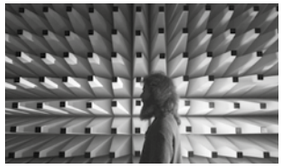
ANTI-STIGMA AWARD WINNER

7–9pm

WOODLAND CREATURES,
260–262 LEITH WALK, EDINBURGH EH6 5EL

FREE 🔗 SMHAFF-IFC-WINNERS.EVENTBRITE.CO.UK

MON 24 OCT



SHOULDER THE LION

ERINNISSE REBISZ, PATRYK REBISZ | USA, FRANCE,
IRELAND, POLAND | 2015 | 75m | 15 | DOCUMENTARY

EXPERIMENTAL AWARD WINNER

A blind photographer questions the power of images in our visually saturated culture, a hearing-impaired musician is forced to give up his dream of the stage, and a brain-damaged boxer and painter searches for her new place in life. A stunning and innovative film about losing everything and reinventing your future. Followed by a Q&A with the directors.

6–7.45pm

FILMHOUSE, 88 LOTHIAN ROAD, EDINBURGH EH3 9BZ

£6 | £4 🔗 0131 228 2688 | FILMHOUSECINEMA.COM

ALSO WED 12 OCT CCA, GLASGOW

WED 26 OCT

TOUCHED WITH FIRE

PAUL DALIO | USA | 2015 | 106m | 15 | DRAMA

CAST: KATIE HOLMES, LUKE KIRBY, CHRISTINE LAHTI

Katie Holmes and Luke Kirby shine in this drama about two bipolar patients who feel their poetry is fuelled by emotional highs and lows. When they meet in a psychiatric hospital, a romance blooms. Ultimately, they are forced to examine the consequences of their love for each other.

CONTAINS STRONG LANGUAGE
TRIGGER WARNING: SUICIDE REFERENCES

6–8.30pm

FILMHOUSE, 88 LOTHIAN ROAD, EDINBURGH EH3 9BZ

£6 | £4 🔗 0131 228 2688 | FILMHOUSECINEMA.COM

ALSO MON 24 OCT GLASGOW FILM THEATRE

SAT 29 OCT

GOOD GRIEF

A moving selection of short films to encourage conversations about mortality. Through animation, documentary and drama, we experience the effect a loved one's death has on those left behind, and follow the steps they take towards overcoming grief and embracing a different future. Curated by artist and filmmaker Theresa Moerman Ib, who will also be showing two of her works and leading a post-screening discussion. Ages 15+

CRISIS

ALI KAREEM OBAID | ITALY, IRAQ | 2015 | 10m | DRAMA

BEST SHORT DRAMA WINNER

GREY AREA

JON BARTON | IRELAND | 2015 | 12m | DOCUMENTARY

ISLANDER'S REST

CLAUDIUS GENTINETTA | SWITZERLAND | 2015 |
18m | ANIMATION

LIMA

AFSHIN ROSHANBAHKT, VAHID JAFARI | IRAN | 2015 |
14m | ANIMATION

BEST ANIMATION WINNER

THE THIRD DAD

THERESA MOERMAN IB | UK | 2015 | 10m |
DOCUMENTARY

(WHEN YOU ARE NOT HERE) EVERYTHING HAS A FLATNESS

THERESA MOERMAN IB | UK | 2014 | 3m |
EXPERIMENTAL

7pm–8.30pm

EDINBURGH PRINTMAKERS,
23 UNION STREET, EDINBURGH EH1 3LR

FREE 🔗 GOOD-GRIEF-SHORTS.EVENTBRITE.CO.UK

Glasgow

SUN 2 OCT

SIN & ILLY STILL ALIVE

UK PREMIERE

MARIA HENGGE | GERMANY | 2014 | 70m | 15 | DRAMA

CAST: CECI CHUH, COSIMA CIUPEK, PASCALE SCHILLER

A remarkable début feature about two young drug addicts with a plan: they want to run away to a Greek island and get clean. Although their road out of hell is paved with good intentions, the journey is much rockier than anticipated. Presented with World of Film International Festival Glasgow. Followed by a Q&A with director Maria Hengge

CONTAINS DRUG USE

5–7pm

BRITANNIA PANOPTICON, 113–117 TRONGATE, GLASGOW G1 5HD

£5 | £4.50 WOFFGLASGOW.COM/TICKETS

MON 10 OCT

THE PECKHAM EXPERIMENT

THE CENTRE

JB HOLMES | UK | 1947 | 21m | DOCU-DRAMA

A POOL OF INFORMATION: THE SEARCH FOR POSITIVE HEALTH

JINI RAWLINGS | UK | 1993 | 35m | DOCUMENTARY

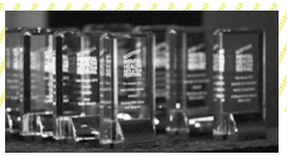
In the 1930s, two doctors sought to find out whether, given the right environment, families would naturally start to live full and flourishing lives. The Peckham Experiment led to the creation of the Pioneer Health Centre, a radical vision for encouraging health rather than curing disease. *The Centre* tells the story of the Jones family, whose lives were enlarged through this innovative community. In *A Pool of Information*, former members and staff gather in the original building to share their memories of the Centre and describe the legacy of positive health it left in their lives. Following the films is a discussion with Dr Jack Czauderna, Dr Margaret Hannah and Dr Lisa Curtice, trustees of the Pioneer Health Foundation, which keeps alive the Peckham Experiment's legacy. Ages 12+.

2–4pm

CCA CINEMA, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

FREE 0141 352 4900 | CCA-GLASGOW.COM

TUE 11 OCT



INTERNATIONAL FILM COMPETITION AWARDS CEREMONY

The Scottish Mental Health Arts & Film Festival's annual open film submission gives filmmakers from all over the world a platform to engage with new audiences, explore new realities and challenge the perceptions of mental health through their work. This year, the competition has seen 1,600 entries received from over 100 countries, including dramatic features, documentaries, shorts and animations. The annual not-to-be-missed awards ceremony honours the very best of these titles. Expect to be moved and inspired by excerpts from, and the stories behind, these impressive films. Ages 12+.

6.30–8.30pm

CCA THEATRE, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

FREE 0141 352 4900 | CCA-GLASGOW.COM

WED 12 OCT

#MYESCAPE

SCOTTISH PREMIERE

ELKE SASSE | GERMANY | 2016 | 90m | 15 | DOCUMENTARY

ARABIC, ENGLISH, GERMAN, SYRIAN, SOMALI, TIGRINJA WITH ENGLISH SUBTITLES

HUMAN RIGHTS AWARD WINNER

WITH CRISIS

ALI KAREEM OBAID | IRAQ, ITALY | 2015 | 10m | DRAMA

BEST SHORT DRAMA WINNER

#MyEscape uses footage shot by refugees, intercut with unflinching interviews that connect the outer journeys they went on with the ones that took place within. Preceded by *crISIS*, a searing drama about an Iraqi burdened by grief and PTSD. Presented with Take One Action. Followed by a Q&A with the editor of *#MyEscape*. Presented with Take One Action.

6–8pm

CCA CINEMA, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 0141 352 4900 | CCA-GLASGOW.COM

SHOULDER THE LION

UK PREMIERE

ERINNISSE REBISZ, PATRYK REBISZ | USA, FRANCE, IRELAND, POLAND | 2015 | 75m | 15 | DOCUMENTARY

EXPERIMENTAL AWARD WINNER

A blind photographer questions the power of images in our visually saturated culture, a hearing-impaired musician is forced to give up his dream of the stage, and a brain-damaged boxer and painter searches for her new place in life. A stunning and innovative film about losing everything and reinventing your future. Followed by a Q&A with the directors.

8.30–10.15pm

CCA THEATRE, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 0141 352 4900 | CCA-GLASGOW.COM

ALSO MON 24 OCT FILMHOUSE, EDINBURGH

BELOW, TOP–BOTTOM: #MYESCAPE SHOULDER THE LION

THU 13 OCT

BORDERLINE

KENNETH MACPHERSON | UK | 1930 | 71m | 12 | DRAMA

CAST: PAUL ROBESON, ESLANDER ROBESON, HD

WITH LIVE SCORE

Directed by Scottish filmmaker Kenneth Macpherson and starring poet HD (aka Hilda Doolittle) along with the renowned performer and civil rights activist Paul Robeson, *Borderline* was groundbreaking for its progressive treatment of race and sexuality. This silent film is also renowned for being ahead of its time in representing inner psychological states through avant-garde techniques. The screening is accompanied by an improvised live score from Rick Anthony and Duncan Marquiss of The Phantom Band.

7–8.45pm

CCA THEATRE, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 0141 352 4900 | CCA-GLASGOW.COM

SAT 15 OCT

INTERNATIONAL FILM COMPETITION SCREENINGS

Winning titles and special presentations from our International Film Competition submissions will be screened throughout the weekend. Selections include the Scottish premiere of *A Family Affair* and the UK premiere of *Mind/Game: The Unquiet Journey of Chamique Holdsclaw*, the story of a basketball superstar's uphill battle against the stigma of mental illness.

WOMEN, INTERRUPTED

From a young woman's struggle with bipolar disorder in a psychiatric ward to a mother's unflinching account of living with schizophrenia, this is a poignant selection of short documentaries and dramas that portray the resilience of women at defining stages of their lives. Ages 15+.

HIDE AND SEEK

CAMILLE FLEURY | FRANCE | 2015 | 24m | DRAMA

IN SICKNESS

THOMAS EDWARDS | UK | 2016 | 14m | DRAMA

MORTE SEGRETA (SECRET DEATH)

MICHELE LEONARDI | ITALY | 2015 | 13m | DRAMA

MOST OF US DON'T LIVE THERE

LAURA MARIE WAYNE | CANADA, CUBA | 2015 | 25m | DOCUMENTARY

ONE FOOT IN REALITY

RAMTIN NIKZAD | USA | 2016 | 11m | DOCUMENTARY

BEST SHORT DOCUMENTARY WINNER

Followed by a Q&A with *One Foot in Reality* subject, Virginia Linn.

1–3pm

CCA CINEMA, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

FREE 0141 352 4900 | CCA-GLASGOW.COM

DAN AND MARGOT

JAKE CHIRICO, CHLOE SOSA-SIMS | CANADA | 2015 | 75m | 15 | DOCUMENTARY

Margot believes she is being stalked and tormented by someone named Dan, but discovers she has schizophrenia. Now, she struggles to build a life as a young independent woman, while trying to reclaim the years she lost to the disorder. A brave and honest look at mental health, stigma and moving forward. Followed by a Q&A with director Chloe Sosa-Sims.

4–6pm

CCA CINEMA, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 0141 352 4900 | CCA-GLASGOW.COM

ALSO MON 10 OCT JAMES GILLESPIE'S, EDINBURGH

A FAMILY AFFAIR

SCOTTISH PREMIERE

TOM FASSAERT | NETHERLANDS, DENMARK | 2015 | 110m | 15 | DOCUMENTARY

DUTCH & ENGLISH WITH ENGLISH SUBTITLES

BEST FEATURE DOCUMENTARY WINNER

When Tom Fassaert's 95-year-old grandmother invites him to visit her in South Africa, all he knows about her are his father's stories of the 1950s femme fatale who put her two sons in a children's home. An unexpected confession makes things more complicated than he could have ever imagined. Presented with Luminate. Followed by a Q&A with director Tom Fassaert and his father. See also Masterclass, p2.

7–9.30pm

CCA CINEMA, 350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 0141 352 4900 | CCA-GLASGOW.COM

ALSO TUE 18 OCT FILMHOUSE, EDINBURGH

Glasgow

CHAMIQUE HOLDSCLAW

SUN 16 OCT

YOUTH PERSPECTIVE

An inspiring selection of short films addressing mental health in which young people played key creative roles. Ages 12+.

ALY

JASMINE BRIERS | UK | 2015 | 5m | DOCUMENTARY

KNOCK KNOCK

ZEESHAN ASLAM, MOHSIN IQBAL, JUAN PLÁ, ALEX RUTENBERGS | UK | 2016 | 6m | DRAMA

MISGIVINGS

ADRIAN MEAD | UK | 2016 | 10m | DRAMA

TALK IT OUT

ST PAUL'S HIGH SCHOOL/INTO FILM | UK | 2015 | 11m | DRAMA | YOUTH PROJECT AWARD WINNER

UNBROKEN

ROB PRITCHARD | UK | 2016 | 5m | DRAMA

1–2pm

CCA CINEMA,
350 SAUCHIEHALL STREET, GLASGOW G2 3JD

FREE 🌍 0141 352 4900 | CCA-GLASGOW.COM

I WISH I WAS THAT BIRD

EUROPEAN PREMIERE

JEFFREY KROLICK | USA | 2015 | 50m | 12 | DOCUMENTARY

VOICES OF EXPERIENCE AWARD WINNER

WITH LIMA

AFSHIN ROSHANBAHKT, VAHID JAFARI | IRAN | 2015 | 14m | ANIMATION

BEST ANIMATION WINNER

WITH TRANSITION

ROBERT CUNNINGHAM | IRELAND | 2016 | 16m | DOCUMENTARY

ANTI-STIGMA AWARD WINNER

I Wish I Was That Bird is a candid and intimate portrait of outsider artist James Condos. Filmed over a period of three years, the documentary follows James as he reveals his childhood trauma, meets other outsider artists, tries to sell his work and seeks to find his place in the community. Preceded by *Lima*, a gorgeous animation about a son's struggle to keep the memory of his father alive, and *TRANSition*, a brave and honest documentary about a young transgender man. Followed by a Q&A with *I Wish I Was That Bird* director Jeffrey Krolick and the film's subject, James Condos.

2.30–4.30pm

CCA CINEMA,
350 SAUCHIEHALL STREET, GLASGOW G2 3JD

FREE 🌍 0141 352 4900 | CCA-GLASGOW.COM

MIND/GAME: THE UNQUIET JOURNEY OF CHAMIQUE HOLDSCLAW

UK PREMIERE

RICK GOLDSMITH | USA | 2015 | 56m | 15 | DOCUMENTARY

WITH HULA

ROBIN HAIG | UK | 2016 | 30m | DRAMA

CAST: BLYTHE DUFF, KERN FALCONER, ANNA HEPBURN

Mind/Game tells the compelling story of basketball phenomenon Chamique Holdsclaw, the 'female Michael Jordan', from her rise to WNBA stardom to her struggle with mental illness and the strength needed to speak out about it. Preceded by *Hula*, Robin Haig's hip-shaking drama about liberation.

5–7pm

CCA CINEMA,
350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 🌍 0141 352 4900 | CCA-GLASGOW.COM

DAVID

SCOTTISH PREMIERE

JAN TĚŠITEL | CZECH REPUBLIC | 2015 | 80m | 15 | DRAMA

CAST: PATRIK HOLUBÁŘ, ONDŘEJ PAVELKA, ALENA ŠTRÉBLOVÁ

CZECH WITH ENGLISH SUBTITLES

BEST FEATURE DRAMA WINNER

Suffocated by his overprotective parents and tired of being a burden on their lives, a troubled young man decides to leave the security of his family to find himself and his place in life. An intimate coming-of-age story about independence, acceptance and the importance of letting go.

CONTAINS SEXUALISED NUDITY
TRIGGER WARNING: SUICIDE REFERENCES

8–10pm

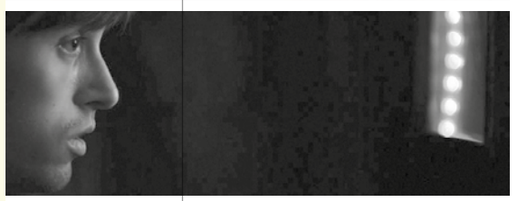
CCA CINEMA,
350 SAUCHIEHALL STREET, GLASGOW G2 3JD

£5 | £3 🌍 0141 352 4900 | CCA-GLASGOW.COM

ALSO WED 19 OCT FILMHOUSE, EDINBURGH

I WISH I WAS THAT BIRD

BELOW, TOP–BOTTOM: BATTLE MOUNTAIN DAVID



MON 17 OCT

WALK A MILE IN MY SHOES

JOHANNA WAGNER | SWEDEN | 2016 | 52m | 15 | DOCUMENTARY

Capturing the indomitable Chris Young in his efforts to live with and raise awareness of borderline personality disorder, this creative and intimate portrait paints a complex picture. The documentary is preceded by inspiring short films in which people engaged with mental health services played key creative roles. Followed by a Q&A with Chris Young and Colin B Kilday.

EMPATHY

CLAIRE LAMOND | UK | 2016 | 2m | ANIMATION

PATHWAY TO RECOVERY

IAN PETRIE | UK | 2005 | 6m | DOCUMENTARY

STATIC

ALAN CLARK | UK | 2015 | 3m | DOCUMENTARY

THE PROBLEM WITH THE TOWER BLOCK

COLIN B KILDAY | UK | 2016 | 4m | DRAMA

RETURN TO HOME

MARTIN GILLON | UK | 2015 | 4m | DOCUMENTARY

7–9pm

THE GLAD CAFÉ,
1006a POLLOKSHAWS ROAD, GLASGOW G41 2HG

FREE 🌍 WALK-A-MILE-IN-MY-SHOES.EVENTBRITE.CO.UK

MON 24 OCT

TOUCHED WITH FIRE

EUROPEAN PREMIERE

PAUL DALIO | USA | 2015 | 106m | 15 | DRAMA

CAST: KATIE HOLMES, LUKE KIRBY, CHRISTINE LAHTI

Katie Holmes and Luke Kirby shine in this drama about two bipolar patients who feel their poetry is fuelled by emotional highs and lows. When they meet in a psychiatric hospital, a romance blooms. Ultimately, they are forced to examine the consequences of their love for each other.

CONTAINS STRONG LANGUAGE
TRIGGER WARNING: SUICIDE REFERENCES

8–10.30pm

GLASGOW FILM THEATRE,
12 ROSE STREET, GLASGOW G3 6RB

£8.50 | £7 🌍 0141 332 6535
GLASGOWFILM.ORG/THEATRE

ALSO 26 OCT FILMHOUSE, EDINBURGH

FRI 28 OCT

BATTLE MOUNTAIN: GRAEME OBREE'S STORY

DAVID STREET | UK, SPAIN, USA | 2015 | 104m | DOCUMENTARY

WITH MINING POEMS OR ODES

CALLUM RICE | UK | 2015 | 10m | DOCUMENTARY

The portrait of a Scottish sports legend, exploring the fragility of the mind and the mental strength required to break world records. Weaving archive footage, interviews and personal testimony, as well as the reality of building and racing bikes, the film sees Obree fighting his demons and finding the will to succeed. Preceded by *Mining Poems or Odes*, a striking documentary about Robert, an ex-shipyard welder from Govan, and his newfound compulsion to write. Followed by a Q&A with Graeme Obree's manager, Charlie Milarvie.

7–9.15pm

FLOURISH HOUSE,
23–25 ASHLEY STREET, GLASGOW G3 6DR

FREE 🌍 BATTLE-MOUNTAIN.EVENTBRITE.CO.UK

SUN 30 OCT

SEE ME SHORTS PRESENTED BY GLASGOW FILM FESTIVAL

WORLD PREMIERE

Four short documentaries challenging perceptions of mental health in Scotland. Featuring a dancer expressing her experience of BPD, the relationship between a sufferer of hoarding disorder and his counsellor; a young artist exploring her PTSD through art; and a sports reporter tackling his social anxiety. Ages 15+.

BORDERLINE

LINDSAY GOODALL | UK | 2016

I'M STILL HERE

STU EDWARDS | UK | 2016

LET US LET GO

LUCIE RACHEL | UK | 2016

LINDA AND RON

ALICE NELSON | UK | 2016

5–6.30pm

GLASGOW FILM THEATRE,
12 ROSE STREET, GLASGOW G3 6RB

£5.50 🌍 0141 332 6535
GLASGOWFILM.ORG/THEATRE

WED 2 NOV

ME A BELGIAN, MY MOTHER A GHANAIAN

UK PREMIERE

ADAMS MENSAH | GHANA, BELGIUM | 2016 | 60m | 15 | DOCUMENTARY

DUTCH, ENGLISH, GA WITH ENGLISH SUBTITLES

At the age of 14, Adams travels to Belgium to live with his father. Three years after he leaves, his mother suffers a major stroke. Adams returns to Ghana six years later in search of his mother to seek answers about what has contributed to her present state of health. A deeply personal autobiographical piece following Adams' emotional, psychological and spiritual journey as he tries to bring his mother to Belgium. Presented with Africa in Motion. Followed by a Q&A with director Adams Mensah.

7–8.30pm

PEARCE INSTITUTE,
840–860 GOVAN ROAD, GLASGOW G51 3UU

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