Now You See Us

SCOTTISH MENTAL HEALTH ARTS FESTIVAL

FRI 25 & SAT 26 OCTOBER 2024

Simone Seales

CCA: CENTRE FOR CONTEMPORARY ARTS

350 Sauchiehall Street, Glasgow G2 3JD

mhfestival.com **#SMHAF24**

MENTAL HEALTH FOUNDATION

Now You See Us

Join the Scottish Mental Health Arts Festival for this impactful and inclusive two-day showcase of new artist commissions, creative workshops, film screenings, vital discussions and more, all responding to this year's theme, In/Visible.

Alongside our ticketed performances will be great free drop-in activities, including the chance to listen to Deborah Shaw's electronic-infused choral suite *Flutter* and to see Ritu Arya's sculptural installation *Peek-A-Boo*. So why not come along for both days and fully immerse yourself in the programme?

STIGMA WATCH WITH SEE ME

How does stigma operate in society? Where does it enter our lives and what does it tell us about the systems we live in? Join See Me for an interactive, creative workshop exploring these ideas over a light breakfast.

- Fri 25 Oct, 11am–12.30pm
- CCA Clubroom
- Free | Book: tikt.link/stigmawatch

HIDDEN VISIONS

In this performative lecture, photographic artist Mark Gould explores the ways in which art is engaged by, and engages with, unseen narratives of power, disability, neglect and shame, while also going on the occasional weird tangent!

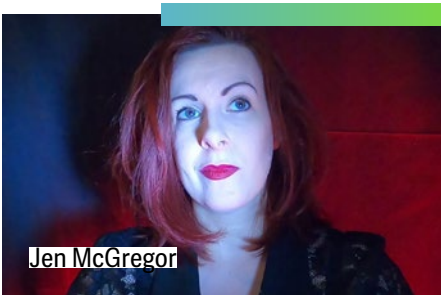
- Fri 25 Oct, 1-1.30pm
- CCA Cinema
- Free | Book: tikt.link/hiddenvisions

HALLUCINOGEN

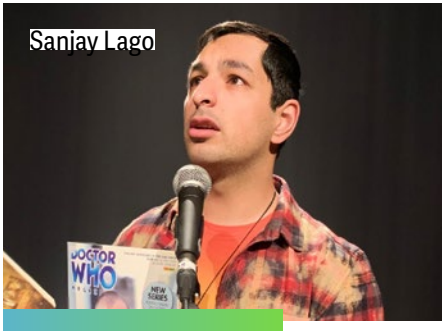
BY JEN MCGREGOR

A work in progress sharing by schizospectrum playwright Jen McGregor in which a newly bereaved young woman is left alone in her deceased parents' house contemplating whether to survive the night. Directed by Robert Softley Gale.

- Fri 25 Oct, 3-4.30pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/hallucinogen



Jen McGregor



PERFORMING ANXIETY DISCUSSION – THE MAKING OF TERO BURU

Tero Buru is a new play by the late musician and writer Beldina Odenyo (aka Heir of the Cursed) which has been posthumously interpreted by Beldina's sister, Leah McAleer. Here the creative team explores the challenges involved in developing the show.

- Fri 25 Oct, 5-6pm
- CCA Cinema
- Free | Book: tikt.link/performinganxiety

BROKEN SILENCES

BY SIMONE SEALES

An intimate, in the round performance by poet and musician Simone Seales – a collective healing experience for those who have felt invisible, with a curation of poems by writers who have found solidarity in community even though wider society pushes them to the fringes.

- Fri 25 Oct, 7-8.30pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/simoneseales

IN THE HARTWOOD

This modern-day faerie tale about a pauper's cemetery in Hartwood Hospital, a decommissioned psychiatric hospital near Shotts, is told by storyteller Jane Mather and harpist Heather Yule.

- Sat 26 Oct, 12-1pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/hartwood

IN THE HARTWOOD WORKSHOP

Following her performance of *In the Hartwood*, storyteller Jane Mather will host a discussion and creative workshop in which audience members can reflect on the themes explored in the performance.

- Sat 26 Oct, 1-2pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/hartwoodworkshop

SMHAF FILM SHOWCASE

A unique opportunity to see an eclectic programme of artists' shorts exploring mental health from diverse viewpoints. Recently commissioned by the festival, these films explore themes including conflict and trauma, the way our brains work and Glasgow's Latino community.

- Sat 26 Oct, 1-4.30pm
- CCA Cinema
- Free and drop-in: screening on a loop

Programme continues overleaf

FLOATING ALONG SILENTLY

BY SANJAY LAGO

In this solo performance, Sanjay Lago brings together poetry, comedy storytelling, and Bollywood dance to raise the visibility of queer South Asian mental health and to share the experience of a community rarely portrayed in theatre.

- Sat 26 Oct, 2.30-3.30pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/floating

SOLACE CHOIR

The Solace Choir perform a mix of their own original songs and some unique takes on contemporary pieces. The choir meet weekly at Music Broth for relaxed sessions.

- Sat 26 Oct, 3.30-4pm
- CCA Cafe
- Free, no booking required

The Scottish Mental Health Arts Festival takes place across Scotland from 10-27 October 2024. Explore the programme at mhfestival.com.

OUT OF PLACE, OUT OF MIND

BY COUNTERPOINT ARTS

An evening of performances and discussion that shines a light on the invisibilised experience of being displaced. Includes a performance by HUSS that exposes the hostility inflicted by the government's environment policy on people seeking refuge in the UK, and a dance performance by Fadi Giha about a soul dancing on the brink of madness.

- Sat 26 Oct, 5-6.30pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/outofplace

DANCING MADNESS

In this insightful feature doc from directors Marta Espar and Maiol Virgili, three contemporary dancers collaborate with three women diagnosed with mental disorders to explore the boundaries between normality and madness through a shared creative process. Followed by a Q&A with the filmmakers.

- Sat 26 Oct, 7.30-9pm
- CCA Theatre
- £7 / £5 / £3 / Free
  tikt.link/dancingmadness

PARTNERS: Creative Scotland Alba | Chruthachail, thrive Edinburgh, Edinburgh Health and Social Care Partnership, University of Glasgow, See Me End mental health discrimination, The Baring Foundation, Scottish Recovery Network, The List, NHS Greater Glasgow and Clyde, Film Hub Scotland, BFI FAN, The National Lottery, Screen Scotland Sgrìn Alba